MICAH PASCHALL

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INTRODUCTION

I am a healthcare professional with a certification in athletic training and degree in athletic administration. A majority of my career has been specifically based in sports medicine, but as a former athlete my passion is centered around healthy living, transformational coaching, and the promotion of value-based athletics programs. I have enjoyed the relationship-building aspect of working for a university and engaging with student-athletes, colleagues, and administration every day. Being energetic, goal-oriented, and compassionate has been significant in creating a welcoming environment for those who walk through my doorway.

EDUCATION

Concordia University Irvine | Graduated May 2024 | Irvine, CA

Master's of Arts in Coaching and Athletic Administration

Temple University | Graduated May 2019 | Philadelphia, PA

Bachelor's of Science in Athletic Training

WORK EXPERIENCE

Dominican University of California (NCAA DII)

Assistant Athletic Trainer | San Rafael, CA | Aug 2024 - May 2025

- Primary sport assignment for women's volleyball, women's basketball, softball, and tennis
- Secondary insurance coordination with AG administrators
- Inventory management, purchasing, and record keeping
- Collaborated on updated EAP for multiple sport facilities
- Clinical preceptor for exercise science students

California State University San Marcos (NCAA DII)

Assistant Athletic Trainer (Seasonal) | San Marcos, CA | May 2024 - Aug 2024

- Provide first aid and injury care for summer youth sport camps
- Maintain up to date health records
- Assist with set up and breakdown duties

Concordia University Irvine (NCAA DII)

Graduate Assistant Athletic Trainer | Irvine, CA | Aug 2022 - May 2024

- Primary sport assignment with men's basketball, women's lacrosse, beach volleyball, and tennis
- Conducted cross-sectional research study on sleep effect on DOMS (Delayed onset of muscle soreness)
- Utilized electronic health records with Healthy Roster

Drayer Physical Therapy (PT clinic and Secondary Education)

Athletic Trainer and Physical Therapy Aid | Harrisburg, PA | Aug 2019 - July 2022

- Contracted full-time between Steelton-Highspire School District and Arlington Physical Therapy
- Head athletic trainer for 13 varsity level sports including football, basketball, and wrestling
- Conduct school pre-participation sports physicals
- Grant medical clearance in accordance with school/state policy
- Monitor and assists PT patients with therapeutic exercise and treatment

SKILLS

- CPR/AED and First Aid
- Secondary Insurance Coordination
- Student-Athlete Engagement
- Crisis Management

- Inventory Purchasing
- Data Analysis
- Group Communication
- Coaching interpersonal relations

CERTIFICATIONS & MEMBERSHIPS

- NATA member since 2019
- CATS member since 2022
- NAACP member since 2016

- Suji: Blood Flow Restriction
- NFHS: Fundamentals of Coaching

REFERENCES

Glory Fung

Assistant Athletic Director Concordia University Irvine glory.fung@cui.edu 626-513-6045

Andrew Erby

Athletic Director/Head
Football Coach
Steelton-Highspire School
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Paul Signorelli

Head Athletic Trainer
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